

Thoroughly Modern Housekeeper

Ultimate DEEP CLEANING CHECKLIST

KITCHEN

- Clean & reorganise inside of cabinets
- Degrease Backsplash
- Defrost fridge/freezer
- Clean inside of fridge/freezer
- Clean inside of oven
- Clean stovetop

BEDROOM'S

- Wash duvet
- Wash mattress cover
- Bicarb refresh mattress
- Declutter & organise closets
- Dust corners and shelves
- Hoover under beds

BATHROOM'S

- Descale taps
- Scrub the grout
- Scrub under toilet rim
- Deep clean toilet brush
- Wash bath mats & shower curtain
- Descale shower head

NATURAL CLEANING SUPPLIES

- White vinegar
- Bicarb soda
- Essential oils
- Cleaning cloth/loofah

MISC

- Clean washing machine
- Clean skirting boards
- Clean door handles
- Clean light switches
- Deep clean drains
- Deep clean dish washer
- Clean inside of windows
- Clean mirrors
- Clean doors

Go Natural

Have fun cleaning, and don't forget to use reusable cloths and earth friendly cleaning products to turn your home into a sparkling haven. Crank up the music and go!

Essential oils CLEANING SOLUTIONS

Create your own unique cleaning white vinegar solution and bicarbonate soda paste, mixed with your favourite essential oils. Use different scents for different cleaning areas in your home, from peppermint for your shower, orange/lemon for your kitchen, and lavender for the bedroom. Take your pick and leave your home smelling fresh.

